APERITIVO

BELLINI Classic Bellini made with white peach juice & Prosecco	9.50
ROSSINI Prosecco with fresh strawberries	9.50
APEROL SPRITZ Aperol & Prosecco	9.95

WINE

ΒΙΑΝΟΟ	GLASS (175 ml)	BTL
REMIGIO BIANCO, PIEMONTE Bright yellow. Intense, fruity with good acidity & full body	6.20	24.50
PINOT GRIGIO CASTEL FIRMIAN, TRENTINO Straw-yellow, crispy fruity flavours. Dry and elegant with delicate acidity	7.75	31.00
SAUVIGNON BLANC CASTEL FIRMIAN, TRENTINO Pale straw-yellow with notes of pepper, asparagus and green leaves. Fresh & slightly sour	7.60	30.40
ROSÉ		

PINOT GRIGIO ROSÉ TORRESELLA, VENETO Blush pink colour, as a white pulp peach. Aromas of white flowers & grapefruit	7.60	30.40
ROSSI		
REMIGIO ROSSO, PIEMONTE Fruity flavours of cherry & raspberry with good acidity & plenty of tannins. Aromas of rose & anise	6.20	24.50
MERLOT GRAVE DEL FRIULI, FRIULI Intense bright ruby-red with distinct notes of cherry & violet followed by a hint of spice	8.10	33.10

CHAMPAGNE & PROSECCO

	FLUTE	BTL
PROSECCO BALBINOT LE MANZANE	8.80	36.60
PROSECCO ROSÉ LE MANZANE	9.50	39.50
CHAMPAGNE TESTULAT BRUT	11.90	58.00
CHAMPAGNE TESTULAT ROSÉ	13.50	62.70
LAURENT PERRIER ROSÉ		128.00

SPIRITS 25ML

BOMBAY SAPPHIRE GIN	4.50	SLANE IRISH WHISKEY	4.75
TANQUERAY	4.75	LIMONCELLO	4.50
GREY GOOSE	4.75		5.00
BACARDI RUM	4.25	BAILEYS 50ML	5.00
JOHNNIE WALKER BLACK	5.85	FAIR CAFE	4.50
COURVOISIER VS	5.50		

DRINKS

Т	Е	Α	

ENGLISH BREAKFAST (1 kcal)	2.95
EARL GREY (1 kcal)	3.00
CEYLON (1 kcal)	3.00
DARJEELING (1 kcal)	3.00
GREEN (2 kcal)	3.00
PEPPERMINT (2 kcal)	3.00
CAMOMILE (2 kcal)	3.00
SELECTION OF FRUIT TEAS (2 kcal)	3.00

JING SPECIALITY TEAS

JASMINE PEARLS Perfectly balanced spring green tea, hand scented with fresh jasmine flowers (1 kcal)	4.50
SILVER NEEDLE The finest white tea in the world, sweet and mellow with notes of cucumber and melon (1 kcal)	4.50
CEYLON TEA & WHOLE ROSE BLACK TEA A soothing rose aroma with a lively black tea base, perfect with cakes and pastries (5 kcal)	4.50
WHOLE ROSEBUDS Light and fragrant, whole rosebuds create a soft and refreshing experience (40 kcal)	4.50

COFFEE

ESPRESSO (3 kcal)	3.00
MACCHIATO (10 kcal)	3.10
CAPPUCCINO (68 kcal)	3.55
LATTE (123 kcal)	3.55
- with Cinnamon and whipped cream (165 kcal)	3.85
- with Vanilla and whipped cream (169 kcal)	3.85
AMERICANO (6 kcal)	3.55
MOCHA (394 kcal)	3.55
AFFOGATO a scoop of vanilla ice cream	6.95
with a shot of espresso	

HOT CHOCOLATE

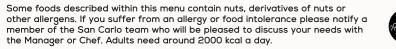
HOT CHOCOLATE (190 kcal)	3.85
- with Vanilla (210 kcal)	4.00
- with Cinnamon (201 kcal)	4.00

SOFT DRINKS

COKE (74 kcal)	3.50
DIET COKE (1 kcal)	3.50
STILL WATER (0 kcal)	500ML 3.50 750ML 4.70
SPARKLING WATER (0 kcal)	500ML 3.50 750ML 4.70
FRESH ORANGE JUICE (63 kcal)	3.80
APPLE JUICE (67 kcal)	3.80
CRANBERRY JUICE (33 kcal)	3.80
PINEAPPLE JUICE (72 kcal)	3.80
FEVER TREE MIXERS	3.65
(Indian Tonic Water (36 kcal), Naturally	Light Tonic Water
(15 kcal), Elderflower Tonic Water (68 kc	al), Mediterranean
Tonic Water (72 kcal), Ginger Ale (68 kcc	al), Ginger Beer (80 kcal),
Lemon Tonic (30 kcal), Soda Water (0 kc	cal), Lemonade (70 kcal))

BIRRA

PERONI NASTRO AZZURRO	5.00
MORETTI	4.75







BREAKFAST & BRUNCH

The most important meal of the day!

SAN CARLO GRANDE 2 bacon rashers, 2 Cumberland 10.95 sausages, roasted tomato, sautéed mushrooms, herby potatoes, baked cannellini beans & fried or scrambled eggs with toasted sourdough bread (750 kcal)

SAN CARLO VERDE grilled courgette, spiced cannellini beans, vegan sausage, chilli tomatoes, baby spinach & toasted sourdough bread (308 kcal)	8.95
EGGS BENEDICT with prosciuto crudo on toasted sourdough bread (518 kcal)	9.20
EGGS ROYAL with smoked salmon on toasted sourdough bread (598 kcal)	9.50
POACHED EGGS WITH AVOCADO on sourdough toast (815 kcal)	7.95
SCRAMBLED EGGS & SMOKED SALMON on sourdough toast (617 kcal)	9.50
FRITTATA 3 egg omelette with a choice of: smoked pancetta, tallegio and chestnut mushrooms (476 kca or sundried tomato and spinach (510 kcal)	I) 8.90 7.95
BACK BACON SANDWICH (600 kcal)	5.95
GRILLED CUMBERLAND SAUSAGE SANDWICH (316 kcc	al)5.95
FULL WORKS SANDWICH sausage, bacon, & fried egg (831 kcal)	7.95
CROISSANT And butter (380 kcal)	2.95
PAIN AU CHOCOLAT OR DANISH PASTRY (300/262 kcc	al) 2.95
TOASTED SOURDOUGH with butter & jam (608 kcal)	3.20
AVOCADO ON TOAST (170 kcal) (ve)	5.95

NIBBLES

NIBBLES	
BRUSCHETTA PACHINO (178 kcal) Toasted sourdough with Sicilian Pachino tomatoes, garlic & basil	6.50
CALAMARI (381 kcal)	8.95
GAMBERONI FRITTI Tempura prawns dressed with a spicy mayonnaise (252 kcal)	10.90
ZUPPA AL TARTUFO Creamy onion, potato & truffle soup with fresh black winter truffle (198 kcal)	6.25
MOZZARELLA IN CARROZZA Popular in Southern Italy, fried mozzarella in bread with a garlic & tomato sauce (423 kcal)	7.95
AVOCADO BERNARDO Avocado with lobster, scampi & prawns with marie rose sauce (777 kcal)	12.95
SALADS	
CHICKEN CAESAR SALAD (300 kcal)	10.50
INSALATA TUNA freshly grilled tuna steak, lettuce, rocket, beans, cherry tomatoes, rosemary potatoes,olives & soft boiled egg (490	
CHICKEN, MOZZARELLA, CRISPY PANCETTA, AVOCADO, CHERRY TOMATO with balsamic dressing (531 kcal)	11.50
LOBSTER & PRAWN SALAD Avocado, fennel, orange segments, dressed with cherry vinegar (629 kcal)	14.95
AVOCADO SALAD Avocado with vine tomatoes & red onion in a balsamic & pomegranate dressing (255 kcal) (ve)	8.95
CAPRESE SALAD With avocado & buffalo mozzarella (354 kcal)	10.25
CAPRINO SALAD goats cheese & beetroot salad (677 kcal)	8.95
INSALATA LENTICCHIE black lentils with roasted beetroot, artichokes & red peppers (183 kcal) (ve)	9.50



MAINS

GRAN CAFE BURGER Aberdeen Angus fillet burger with burrata, balsamic onion & grilled parma ham (1058 kcal)	13.50
LASAGNE BOLOGNA Layers of pasta with slow cooked beef ragu and béchamel (968 kcal)	14.95
SALMONE PROSECCO E GAMBERETTI Pan fried salmon served with prosecco & Norwegian prawn sauce (453 kcal)	17.95



SANDWICHES

All served with salad or fries

5 0	KING PRAWNS, ROCKET & LEMON MAYONNAISE on a brioche roll (383 kcal)	11.95
5	SMOKED SALMON, AVOCADO & ROCKET open sandwich on ciabatta (664 kcal)	11.95
5	PARMA HAM & MOZZARELLA WITH OREGANO on ciabatta (928 kcal)	9.95
5	GRILLED CHICKEN, PANCETTA, AVOCADO, MAYONNAISE on ciabatta (821 kcal)	10.95
	LOBSTER THERMIDOR BRIOCHE ROLL lobster tail in a thermidor sauce (1233 kcal)	14.95
	BUFFALO MOZZARELLA FOCACCIA focaccia pugliese filled with pomodoro e buffalo mozzarella (hot) (314 kcal)	9.20
С	PANINO MILANESE Chicken schnitzel served with garlic mayonnaise & rocket (414 kcal)	10.50
С	ROASTED VEGETABLE SANDWICH Mediterranean grilled vegetables & baby leaf (370 kcal) (ve)	9.50
h		

SIDES

4.10

4.50

4.50

3.95

4.70

MIXED SALAD (73 kcal)
ZUCCHINI Fried courgette sticks (199 kcal)
SWEET POTATO FRIES (61 kcal)
FRENCH FRIES (526 kcal)
TRUFFLE FRENCH FRIES (923 kcal)



DESSERTS

All our desserts are homemade by San Carlo

	EAT IN / TAKEAWAY	
	EALIN/I	AKEAWAY
TIRAMISU (429 kcal)	6.50	N/A
CHOCOLATE & HAZELNUT CAKE (769 kcal)	6.50	5.20
CHEESECAKE (566 kcal)	6.50	5.20
TORTA AL PISTACCHIO Pistachio mousse cake (773 kcal)	6.50	5.20
STRAWBERRY TART (394 kcal)	6.50	5.20
APPLE TART (325 kcal)	6.50	5.20
RASPBERRY TART (389 kcal)	6.50	5.20
CHOCOLATE BROWNIE	6.50	5.20
Served with vanilla ice cream (683 kcal)		
LEMON MERINGUE TART (417 kcal)	6.50	5.20
MILLE FEUILLE (483 kcal)	6.50	5.20
ROCHER SAN CARLO (766 kcal)	6.50	5.20
ITALIAN PISTACCHIO DOUGHNUT (360 kcal) oven baked doughnut filled with pistacchio cream & pistacchio glace	6.50	5.20
ITALIAN CIOCCOLATO DOUGHNUT (375 kcal) oven baked doughnut filled with chocolate cream & chocolate glace	6.50	5.20

SAN CARLO AFTERNOON TE



Served all day TRADITIONAL SCONE (148 kcal) - 3.60

CREAM TEA - 6.25 Fruit Scone with Jam and Clotted Cream, with Choice of Teas (1012 kcal)

AFTERNOON TEA - 14.95 Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas (1806 kcal)

CHAMPAGNE TEA - 24.95

Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas, plus Glass of Champagne (1895 kcal)

All afternoon tea priced per person

WELLBEING SMOOTHIE BAR

Our Smoothies are a variety of 100% natural, fresh ingredients.

SMALL | 4.10 **LARGE** | 5.25

SKIN & HAIR BOOSTER

Full of Skin Loving plant based proteins with essential fatty acids which are helpful for inflammatory benefits. Banana, apple juice, almond butter and flaxseed oil (263 kcal / 365 kcal)

ENERGY BOOSTER

With high alkaline ingredients that will raise energy while also supporting the body's blood sugar levels to raise energy dips and fatigue. Avocado, spinach, cucumber, kale, almond milk, coconut oil, almonds, sunflower seeds, chia seeds (431 kcal / 641 kcal)



ICE CREAM

San Carlo makes all its own ice cream using traditional methods and only Italian ingredients to create real Gelato!

1 SCOOP 2.50 | **2 SCOOPS** 4.00 | **3 SCOOPS** 5.50

FLAVOURS Vanilla (133 kcal), Strawberry (128 kcal), Chocolate (137 kcal), Hazelnut (162 kcal), Pistachio (159 kcal), Caramel (132 kcal), Straccitella (140 kcal), Lemon Sorbet (71 kcal), Mango Sorbet (74 kcal), Blackcurrent Sorbet (73 kcal), Coffee (129 kcal)

GRAN CAFE ICE CREAM SUNDAE'S

CHOCOLATE NUT Chocolate Ice Cream and Caramel Ice Cream with Chocolate Chunk, Caramelised Nuts & Nutella (1058 kcal)	7.95
MERINGUE & MARSHMALLOW Served with Vanilla & Strawberry Ice Cream (619 kcal)	7.95
LEMON SWIZZLE Vanilla Ice Cream, Lemon Sorbet & Lemon Meringue (412 k	7.95 cal)
FRUIT PUNCH Strawberry Ice Cream, Mango & Lemon Sorbet & Mixed Berries (257 kcal)	7.95
COPPA GOLOSA (FOR 2 PEOPLE) Chocolate, Hazelnut & Vanilla Ice Cream with Warm Nutella sauce (632 kcal)	11.60

Smoothies are the natural way to boost your well being. Packed full of natural proteins, vitamins, antioxidants! All our ingredients are 100% fresh. We can even make them up for you to take away.

HANGOVER CURE

Packed full of antioxidant rich ingredients this smoothie is a nutritional powerhouse. Green tea, banana, blueberries, soy milk & honey (233 kcal / 318 kcal)

IMMUNE BOOSTER

Loaded with vitamin C and the best way to get these vitamins is from real food. Pineapple, strawberries, oranges, carrot, lemon & almond milk (76 kcal / 109 kcal)