

WINE

BIANCO

	GLASS (175ML)	BTL
REMIGIO BIANCO, PIEMONTE Bright yellow. Intense, fruity with good acidity & full body	8.00	30.50
PINOT GRIGIO CASTEL FIRMIAN, TRENINO Straw-yellow, crispy fruity flavours. Dry and elegant with delicate acidity	9.25	36.75
SAUVIGNON BLANC CASTEL FIRMIAN, TRENINO Pale straw-yellow with notes of pepper, asparagus and green leaves. Fresh & slightly sour	9.50	38.75

ROSÉ

PINOT GRIGIO ROSÉ, ORNELLA BELLIA, VENETO Pale pink, aromas of green apples & white almonds. Ideal for fish dishes.	9.50	38.25
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ROSSI

REMIGIO ROSSO, PIEMONTE Fruity flavours of cherry & raspberry with good acidity & plenty of tannins. Aromas of rose & anise	8.00	30.50
MERLOT, FRIULI Intense bright ruby-red with distinct notes of cherry & violet followed by a hint of spice	11.00	47.00

WINES BY THE GLASS ALSO AVAILABLE IN 125ML & 250ML.

CHAMPAGNE & PROSECCO

	125ML	BTL
PROSECCO BALBINOT LE MANZANE	10.00	42.00
PROSECCO ROSÉ LE MANZANE	10.75	45.50
CHAMPAGNE TESTULAT BRUT	14.75	69.25
CHAMPAGNE TESTULAT ROSÉ	16.50	74.50
LAURENT-PERRIER ROSÉ		156.00

SPIRITS 25ML

BOMBAY SAPPHIRE GIN	4.75	JAMESON	4.50
GREY GOOSE	5.00	CAFFÈ BORGHETTI	4.75
BACARDÍ CARTA BLANCA	4.50	LIMONCELLO	4.75
JOHNNIE WALKER BLACK	6.25	AMARETTO	5.25
HENNESSY VS	5.75	BAILEYS 50ML	5.25

BIRRA 330ML

PERONI NASTRO AZZURRO	5.75
PERONI 0.0% (NON-ALC) (73 kcal)	5.25

If you suffer from a food allergy or intolerance, please let the manager know upon placing your order. Guests with severe allergies or intolerances should be aware that although all due care is taken, there is a risk of allergen ingredients still being present.

An optional service charge of 12.5% will be added to your bill.
Adults need around 2000 kcal a day. V= vegetarian, VE = vegan.

TEA

ENGLISH BREAKFAST (1 kcal)	3.95
EARL GREY (1 kcal)	3.95
GREEN (2 kcal)	3.95
CEYLON (1 kcal)	3.95
PEPPERMINT (2 kcal)	3.95
CAMOMILE (2 kcal)	3.95

JING SPECIALITY TEAS

JASMINE PEARLS Perfectly balanced spring green tea, hand scented with fresh jasmine flowers (1 kcal)	4.50
SILVER NEEDLE The finest white tea in the world, sweet and mellow with notes of cucumber and melon (1 kcal)	4.50
CEYLON TEA & WHOLE ROSE BLACK TEA A soothing rose aroma with a lively black tea base, perfect with cakes and pastries (5 kcal)	4.50
WHOLE ROSEBUDS Light and fragrant, whole rosebuds create a soft and refreshing experience (40 kcal)	4.50



NON-ALCOHOLIC COCKTAILS

ETERE Everleaf Forest, Pineapple, Passion Fruit (160 kcal)	9.00
TERRA Everleaf Mountain, Raspberry, Strawberry, Apple, Lime (138 kcal)	9.00
FUOCO Everleaf Forest, Coconut Cream, Crodino, Cranberry Juice, Lime (136 kcal)	9.00
ACQUA Everleaf Mountain, Everleaf Forest, Watermelon, Lime (54 kcal)	9.00
ARIA Everleaf Marine, Raspberry, Lime, Mint, Lemonade (80 kcal)	9.00

COFFEE

ESPRESSO (3 kcal)	4.00
DOUBLE ESPRESSO (6 kcal)	4.25
MACCHIATO (10 kcal)	4.00
CAPPUCCINO (68 kcal)	4.25
LATTE (123 kcal)	4.25
AMERICANO (6 kcal)	4.00
MOCHA (394 kcal)	4.75
HOT CHOCOLATE (190 kcal)	4.75
AFFOGATO a scoop of vanilla ice cream with a shot of espresso (199 kcal)	7.00

FLAVOURED SYRUPS ARE AVAILABLE £0.50

SOFT DRINKS

COKE (74 kcal) / DIET COKE (1 kcal)	3.75
STILL / SPARKLING WATER (0 kcal)	500ML 3.50 750ML 4.95
FRESH ORANGE JUICE (63 kcal)	4.00
APPLE JUICE (67 kcal)	3.95
CRANBERRY JUICE (33 kcal)	3.95
PINEAPPLE JUICE (72 kcal)	3.95
FEVER TREE MIXERS	3.75
Indian Tonic Water (36 kcal), Naturally Light Tonic Water (15 kcal), Elderflower Tonic Water (68 kcal), Mediterranean Tonic Water (72 kcal), Ginger Ale (68 kcal), Ginger Beer (80 kcal), Soda Water (0 kcal), Lemonade (70 kcal)	
FEVER TREE SPARKLING SOFTS	4.25
Raspberry Lemonade (52 kcal) Cloudy Apple & Mint (49 kcal)	
SAN PELLEGRINO	3.50
Limonata (73 kcal), Aranciata (64kcal)	



MENU

BREAKFAST & BRUNCH

The most important meal of the day - served all day!

SAN CARLO GRANDE 2 bacon rashers, 2 Cumberland sausages, roasted tomato, sautéed mushrooms, herby potatoes, baked cannellini beans & fried or scrambled eggs with toasted sourdough bread (750 kcal)	11.95
SAN CARLO VERDE grilled courgette, spiced cannellini beans, vegan sausage, chilli tomatoes, baby spinach & toasted sourdough bread (308 kcal)	9.95
EGGS BENEDICT with Parma ham on toasted sourdough bread (518 kcal)	10.20
EGGS ROYAL with smoked salmon on toasted sourdough bread (598 kcal)	10.50
POACHED EGGS WITH AVOCADO on sourdough toast (815 kcal)	8.95
SCRAMBLED EGGS & SMOKED SALMON on sourdough toast (617 kcal)	10.50
FRITTATA 3 egg omelette with a choice of: smoked pancetta, taleggio and chestnut mushrooms (476 kcal) OR sundried tomato & spinach (510 kcal)	8.90 7.95
BACK BACON SANDWICH (600 kcal)	6.95
GRILLED CUMBERLAND SAUSAGE SANDWICH (316 kcal)	6.95
FULL WORKS SANDWICH sausage, bacon, & fried egg (831 kcal)	8.95
CROISSANT And butter (380 kcal)	3.50
PAIN AU CHOCOLAT OR DANISH PASTRY (300/262 kcal)	3.50
TOASTED SOURDOUGH with butter & jam (608 kcal)	4.20
AVOCADO ON TOAST (170 kcal) (ve)	5.95



NIBBLES

GREEN OLIVES FROM PUGLIA (198 kcal) (ve)	3.95
SELECTION OF ITALIAN BREADS (520 kcal) served with sundried tomato & black olive tapenade (ve)	4.95
BABY MOZZARELLA fried cheese balls (345 kcal)	7.95
BRUSCHETTA PACHINO (178 kcal) Toasted sourdough with Sicilian Pachino tomatoes, garlic & basil	6.50
BUFFALO MOZZARELLA with roasted squash, pumpkin seeds, crispy Altamura bread & truffle honey (420 kcal) (v)	12.95
CALAMARI (381 kcal)	9.50
GAMBERONI FRITTI Tempura prawns dressed with a spicy mayonnaise (252 kcal)	10.90
ZUPPA AL TARTUFO Creamy onion, potato & truffle soup with fresh black winter truffle (198 kcal)	6.25
MOZZARELLA IN CARROZZA Popular in Southern Italy, fried mozzarella in bread with a garlic & tomato sauce (423 kcal)	7.95

SALADS

CHICKEN CAESAR SALAD (300 kcal)	10.50
INSALATA TUNA freshly grilled tuna steak, lettuce, rocket, beans, cherry tomatoes, rosemary potatoes, olives & soft boiled egg (490 kcal)	13.50
CHICKEN, MOZZARELLA, CRISPY PANCETTA, AVOCADO, CHERRY TOMATO with balsamic dressing (531 kcal)	11.50
INSALATA CON BURRATA ,POMODORO & BLACK OLIVES special mozzarella served with beef tomato, black olives & fresh basil (545 kcal) (v)	10.95
AVOCADO SALAD Avocado with vine tomatoes & red onion in a balsamic & pomegranate dressing (255 kcal) (ve)	8.95
CAPRESE SALAD With avocado & buffalo mozzarella (354 kcal)	11.25
CAPRINO SALAD goat's cheese & beetroot salad (677 kcal)	8.95
INSALATA LENTICCHIE black lentils with roasted beetroot, artichokes & red peppers (183 kcal) (ve)	9.50

SANDWICHES

All served with salad or fries

KING PRAWNS, ROCKET & LEMON MAYONNAISE on a brioche roll (383 kcal)	12.95
SMOKED SALMON, AVOCADO & ROCKET open sandwich on ciabatta (664 kcal)	11.95
PARMA HAM & MOZZARELLA WITH OREGANO on ciabatta (928 kcal)	10.95
GRILLED CHICKEN, PANCETTA, AVOCADO, MAYONNAISE on ciabatta (821 kcal)	10.95
BURRATA, POMODORO & BLACK OLIVES special mozzarella served with beef tomato, black olives & fresh basil on ciabatta bread (v) (630 kcal)	11.95
BUFFALO MOZZARELLA FOCACCIA focaccia pugliese filled with pomodoro e buffalo mozzarella (hot) (314 kcal)	10.20
PANINO MILANESE chicken schnitzel served with garlic mayonnaise & rocket (414 kcal)	10.50
ROASTED VEGETABLE SANDWICH Mediterranean grilled vegetables & baby leaf (370 kcal) (ve)	9.50

MAINS

GRAN CAFE BURGER Aberdeen Angus fillet burger with burrata, balsamic onion & grilled Parma ham (1058 kcal)	13.50
LASAGNE BOLOGNA Layers of pasta with slow cooked beef ragu & béchamel (968 kcal)	14.95
CREPES CON FUNGHI E TARTUFO baked Italian pancakes served with porcini bechamel sauce & black truffle (650 kcal)	14.95

SIDES

MIXED SALAD (73 kcal)	4.10
ZUCCHINI Fried courgette sticks (199 kcal)	4.50
SWEET POTATO FRIES (61 kcal)	4.50
FRENCH FRIES (526 kcal)	4.20
TRUFFLE FRENCH FRIES (923 kcal)	5.20



DESSERTS

All our desserts are homemade by San Carlo

	EAT IN / TAKEAWAY	
TIRAMISU (429 kcal)	7.50	N/A
CHOCOLATE & HAZELNUT CAKE (769 kcal)	7.50	6.20
VANILLA CHEESECAKE (566 kcal)	7.50	6.20
TORTA AL PISTACCHIO Pistachio mousse cake (773 kcal)	7.50	6.20
STRAWBERRY TART (394 kcal)	7.50	6.20
APPLE TART (325 kcal)	7.50	6.20
RASPBERRY TART (389 kcal)	7.50	6.20
CHOCOLATE BROWNIE Served with vanilla ice cream (683 kcal)	7.50	6.20
LEMON MERINGUE TART (417 kcal)	7.50	6.20
MILLE FEUILLE (483 kcal)	7.50	6.20
ROCHER SAN CARLO (766 kcal)	7.50	6.20
TORTA CAPRESE (558 kcal) A traditional dessert from Capri	7.50	6.20
PASSION FRUIT CHEESECAKE (568 kcal)	7.50	6.20
FRANGIPANE PEACH (530 kcal)	7.50	6.20
MERINGATA AMARENA (680 kcal) Our amazing meringue cake with Amarena cherries	7.50	6.20

SAN CARLO AFTERNOON TEA

Served all day

TRADITIONAL SCONE (148 kcal) - 3.60

CREAM TEA - 6.25

Fruit Scone with Jam and Clotted Cream, with Choice of Teas (1012 kcal)

AFTERNOON TEA - 31.95

Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas (1806 kcal)

CHAMPAGNE TEA - 43.95

Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas, plus Glass of Champagne (1895 kcal)

All afternoon tea priced per person

WELLBEING SMOOTHIE BAR

Our Smoothies are a variety of 100% natural, fresh ingredients.

SMALL | 5.25 LARGE | 6.25

SKIN & HAIR BOOSTER

Full of Skin Loving plant based proteins with essential fatty acids which are helpful for inflammatory benefits. Banana, apple juice, almond butter and flaxseed oil (263 kcal / 365 kcal)

ENERGY BOOSTER

With high alkaline ingredients that will raise energy while also supporting the body's blood sugar levels to raise energy dips and fatigue. Avocado, spinach, cucumber, kale, almond milk, coconut oil, almonds, sunflower seeds, chia seeds (431 kcal / 641 kcal)



ICE CREAM

San Carlo makes all its own ice cream using traditional methods & only Italian ingredients to create real Gelato!

1 SCOOP 3.00 | 2 SCOOPS 4.50 | 3 SCOOPS 6.50

FLAVOURS Vanilla (133 kcal), Strawberry (128 kcal), Chocolate (137 kcal), Hazelnut (162 kcal), Pistachio (159 kcal), Caramel (132 kcal), Straccitella (140 kcal), Lemon Sorbet (71 kcal), Mango Sorbet (74 kcal), Blackcurrant Sorbet (73 kcal), Coffee (129 kcal)

GRAN CAFE ICE CREAM SUNDAES

CHOCOLATE NUT Chocolate Ice Cream & Caramel Ice Cream with Chocolate Chunk, Caramelised Nuts & Nutella (1058 kcal)	7.95
MERINGUE & MARSHMALLOW Served with Vanilla & Strawberry Ice Cream (619 kcal)	7.95
LEMON SWIZZLE Vanilla Ice Cream, Lemon Sorbet & Lemon Meringue (412 kcal)	7.95
FRUIT PUNCH Strawberry Ice Cream, Mango & Lemon Sorbet & Mixed Berries (257 kcal)	7.95
COPPA GOLOSA (FOR 2 PEOPLE) Chocolate, Hazelnut & Vanilla Ice Cream with Warm Nutella sauce (632 kcal)	12.95

Smoothies are the natural way to boost your well being. Packed full of natural proteins, vitamins, antioxidants! All our ingredients are 100% fresh.

We can even make them up for you to take away.

HANGOVER CURE

Packed full of antioxidant rich ingredients this smoothie is a nutritional powerhouse. Green tea, banana, blueberries, oat milk & honey (233 kcal / 318 kcal)

IMMUNE BOOSTER

Loaded with vitamin C and the best way to get these vitamins is from real food. Pineapple, strawberries, oranges, carrot, lemon & almond milk (76 kcal / 109 kcal)