



# SAN CARLO

## GRAN CAFE

CAFE • BAR • PATISSERIE

### MENU

#### BREAKFAST & BRUNCH

The most important meal of the day!

GRAN CAFÉ FULL ENGLISH 2 Eggs of your choice, Fried Scrambled or Poached with bacon, Lancashire farm sausages, sautéed mushrooms, hash brown, grilled tomato and Bury black pudding served with toast	8.25
EGGS BENEDICT poached eggs, parma ham, hollandaise sauce on an English muffin	8.05
EGGS NORWEGIAN poached eggs, smoked salmon, hollandaise sauce on an English muffin	8.75
POACHED EGGS WITH AVOCADO on granary toast (v)	6.15
SCRAMBLED EGGS & SMOKED SALMON on granary toast	8.75
OMELETTE WITH GRUYÈRE AND HAM	6.75
BACON SANDWICH	5.75
SAUSAGE SANDWICH	5.75
CRIOSSANT and butter	2.95
PAIN AU CHOCOLAT OR DANISH PASTRIES	2.95
TWO SLICES OF GRANARY TOAST with butter and jam	2.10

#### NIBBLES

BREAD SELECTION (v)	3.50
ITALIAN MARINATED MIXED OLIVES (v)	2.95
BRUSCHETTA ROMANA toasted ciabatta with Sicilian tomatoes (v)	4.95
SOUP OF THE DAY ask your waiter	5.50
CALAMARI	6.15
PARMA HAM & MOZZARELLA	7.90
BAKED CAMEMBERT with Cranberry sauce and bread (Best shared between 2 people)	9.95

#### SALADS

CHICKEN CEASAR SALAD	8.95
TUNA NICOISE tuna, French beans, egg, new potatoes and baby leaf	11.95
CHICKEN, MOZZARELLA, CRISPY PANCETTA, AVOCADO, CHERRY TOMATO with balsamic dressing	10.95
LOBSTER & PRAWN SALAD avocado, fennel, orange segments dressed with cherry vinegar	14.95
POACHED SALMON SALAD baby spinach, french beans, radish, asparagus and pomegranate dressing	11.95
CAPRESE SALAD with avocado & Buffalo Mozzarella	9.95
MARINATED BEEF SALAD peppers, caramelised cashew nuts and spring onion (n)	10.95

#### MAINS

GRAN CAFE BURGER Scottish Beef, mozzarella, gem lettuce, tomato, onion rings and fries	12.50
LASAGNE BOLOGNA layers of pasta with slow cooked beef ragu and béchamel	9.95
CANNELLONI homemade pasta stuffed with spinach, ricotta cheese & béchamel (v)	9.95
CORN-FED CHICKEN BREAST with asparagus, mushroom and cream sauce	11.95
SALMON & PRAWN FISH CAKES with lemon & butter sauce	9.95

#### SANDWICHES

All served with salad or fries

KING PRAWNS, ROCKET & LEMON MAYONNAISE open sandwich on granary	8.95
CHICKEN SCHNITZEL, breadcrumbed chicken with salad and lemon mayonnaise	7.50
GRILLED AUBERGINE, MOZZARELLA, OREGANO, BASIL & SUNDRIED TOMATO on ciabatta (v)	6.95
SMOKED SALMON, AVOCADO & ROCKET open sandwich on granary	8.95
PARMA HAM & MOZZARELLA WITH OREGANO on ciabatta	7.80
GRILLED CHICKEN, PANCETTA, AVOCADO, MAYONNAISE on ciabatta	8.50
CROQUE MONSIEUR classic toasted ham & cheese	6.95

#### SIDES

MIXED SALAD	3.20
ZUCCHINI fried courgette sticks	3.40
SWEET POTATO FRIES	3.20
FRENCH FRIES	2.80
TRUFFLE FRENCH FRIES	3.60

#### DESSERTS

All our desserts are homemade by San Carlo

EAT IN / TAKEAWAY

TIRAMISU	5.95	N/A
CHOCOLATE & HAZELNUT CAKE	5.95	5.20
CHEESECAKE	5.95	5.20
TORTA AL PISTACCHIO Pistachio mousse cake	5.95	5.20
STRAWBERRY TART	5.95	5.20
FRUIT TART	5.95	5.20
APPLE TART	5.95	5.20
RASPBERRY TART	5.95	5.20
CARROT CAKE	5.95	5.20
CHOCOLATE BROWNIE Served with vanilla ice cream	5.95	5.20
LEMON MERINGUE TART	5.95	5.20
MILLE FEUILLE	5.95	5.20
ROCHER SAN CARLO	5.95	5.20



#### ICE CREAM

San Carlo makes all its own ice cream using traditional methods and only Italian ingredients to create real Gelato!

1 SCOOP 1.50 | 2 SCOOPS 3.00 | 3 SCOOPS 4.00

FLAVOURS Vanilla, Strawberry, Chocolate, Hazelnut, Pistachio, Fig & Mascarpone, Caramel, Stracciatella, Lemon Sorbet, Mango Sorbet, Blackcurrent Sorbet, Coffee

#### GRAN CAFE ICE CREAM SUNDAE'S

CHOCOLATE NUT Chocolate ice cream and Caramel ice cream with Chocolate Chunk, Caramelised Nuts & Nutella	7.95
MERINGUE & MARSHMALLOW Served with Vanilla & Strawberry ice cream	7.95
LEMON SWIZZLE Vanilla ice cream, Lemon Sorbet & Lemon Meringue	7.95
FRUIT PUNCH Strawberry ice cream, Mango & Lemon Sorbet & Mixed Berries	7.95
COPPA GOLOSA (FOR 2 PEOPLE) Chocolate, Hazelnut & Vanilla Ice Cream with Warm Nutella Sauce	11.60

Smoothies are the natural way to boost your well being. Packed full of natural proteins, vitamins, antioxidants! All our ingredients are 100% fresh. We can even make them up for you to take away.

#### SAN CARLO AFTERNOON TEA

Served all day

TRADITIONAL SCONES - 3.60

CREAM TEA - 6.25

Fruit Scone with Jam and Clotted Cream, with Choice of Teas

AFTERNOON TEA - 14.95

Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas

CHAMPAGNE TEA - 24.95

Assorted Savoury Bites, Fruit Scone, Pastries, with Choice of Teas, plus Glass of Champagne

All afternoon tea priced per person

#### WELLBEING SMOOTHIE BAR

Our Smoothies are a variety of 100% natural, fresh ingredients

SMALL | 4.10 LARGE | 5.25

#### SKIN & HAIR BOOSTER

Full of Skin Loving plant based proteins with essential fatty acids which are helpful for inflammatory benefits. - Banana, apple juice, almond butter and flaxseed oil

#### ENERGY BOOSTER

With high alkaline ingredients that will raise energy while also supporting the body's blood sugar levels to raise energy dips and fatigue. - Avocado, spinach, cucumber, kale, almond milk, coconut oil, almonds, sunflower seeds, chia seeds

#### HANGOVER CURE

Packed full of antioxidant rich ingredients this smoothie is a nutritional powerhouse. - Green tea, banana, blueberries, soy milk & honey

#### IMMUNE BOOSTER

Loaded with vitamin C and the best way to get these vitamins is from real food. - Pineapple, strawberries, oranges, carrot, lemon & almond milk

#### WINE

<b>BIANCO</b>	GLASS 0.75ml	GLASS 1.50ml	BTL
REMIGIO, CHARDONNAY 100% Chardonnay, fruity bouquet with an elegant finish	5.65	8.00	22.90
PINOT GRIGIO SANTA MARGHERITA (VENETO) Dry, full-bodied but crisp and firm in structure, with an intense and typical aroma	7.90	11.50	33.00
SALVIGNON BIANCO DEL VENETO (VENETO) Dry and elegant white wine. Pale yellow in colour with greenish hints. Particularly suitable as an aperitif and perfect with hors d'oeuvres	7.95	11.60	33.30
<b>ROSÉ</b>			
PINOT GRIGIO ROSÉ TORRESELLA (VENETO) The grapes are harvested during September then de-stemmed, crushed and left to a brief cold maceration to bring out the primary aromas	7.00	9.50	28.20
<b>ROSSI</b>			
REMIGIO, PIEMONTE Ruby red in colour with subtle violet hints. Light and fruity on the palate. The Italians like this wine for every day drinking because of its soft tannin, ripe fruit and ability to match a variety of foods	5.65	8.00	22.90
MERLOT GRAVE DEL FRIULI TERRE DOC (FRIULI) Vivid ruby red in colour with a pronounced bouquet of herbs and blackberry with a dry taste, pleasantly tannic with a slightly bitter aftertaste	6.75	9.55	28.55

#### APERITIVO

PERONI AMBERA The crisp and refreshing taste of Peroni Nastro Azzurro and the sharpness of Italian chinotto.	5.00
BELLINI VENEZIANA Classic Bellini made with white peach juice & Prosecco	8.90
ROSSINI Prosecco with fresh strawberries	8.90
APEROL SPRITZ Aperol & Prosecco	9.50
<b>CHAMPAGNE &amp; PROSECCO</b>	
PROSECCO	FLUTE 8.50 BOTTLE 31.95
PROSECCO ROSÉ	8.90 34.95
HOUSE CHAMPAGNE	10.90 44.90
HOUSE CHAMPAGNE ROSÉ	12.70 49.80
LAURENT-PERRIER ROSÉ	85.00

#### SPIRITS

BOMBAY SAPPHIRE GIN	4.00	SLANE IRISH WHISKEY	4.00
KETEL ONE VODKA	4.00	LIMONCELLO	3.50
BACARDI RUM	3.90	AMARETTO	3.50
JOHNNIE WALKER BLACK	4.00	BAILEYS	3.50
COURVOISIER VS	5.50	KAH-LUA	3.50

#### BIRRA

PERONI NASTRO AZZURRO	4.10
MORETTI	4.25

#### TEA

ENGLISH BREAKFAST	2.95
EARL GREY	3.00
CEYLON	3.00
DARJEELING	3.00
GREEN	3.00
PEPPERMINT	3.00
CAMOMILE	3.00
SELECTION OF FRUIT TEAS	3.00

#### JING SPECIALITY TEAS

JASMINE PEARLS Perfectly balanced spring green tea, hand scented with fresh jasmine flowers	4.50
SILVER NEEDLE The finest white tea in the world, sweet and mellow with notes of cucumber and melon	4.50
CEYLON TEA & WHOLE ROSE BLACK TEA A soothing rose aroma with a lively black tea base, perfect with cakes and pastries	4.50
WHOLE ROSEBUDS Light and fragrant, whole rosebuds create a soft and refreshing experience	4.50



#### COFFEE

ESPRESSO	2.50
MACCHIATO	2.80
CAPPUCCINO	3.20
LATTE	3.20
- with Cinnamon and whipped cream	3.50
- with Vanilla and whipped cream	3.50
AMERICANO	2.90
MOCHA	3.50
AFFOGATO a scoop of vanilla ice cream with a shot of espresso	5.95

#### HOT CHOCOLATE

HOT CHOCOLATE	3.50
- with Vanilla	3.75
- with Cinnamon	3.75

#### SOFT DRINKS

COKE	2.80
DIET COKE	2.80
LEMONADE	2.80
STILL WATER	500ML 2.85 / 750ML 3.60
SPARKLING WATER	500ML 2.85 / 750ML 3.60
FRESH ORANGE JUICE	3.50
APPLE JUICE	3.20
CRANBERRY JUICE	3.20
PINEAPPLE JUICE	3.20
FRANKLIN & SONS Dandelion & Burdock	275ML 4.25
Apple & Rhubarb, Strawberry & Raspberry, Guava & Lime	
DOUBLE DUTCH Cucumber & Watermelon	500ML 3.50
DOUBLE DUTCH Pomegranate & Basil	200ML 3.50

MONDAY - FRIDAY 10AM - 8PM / SATURDAYS 9AM - 8PM / SUNDAYS 11.00AM-5.30PM

Some foods described within this menu contain nuts, derivatives of nuts or other allergens. If you suffer from an allergy or food intolerance please notify a member of the San Carlo team who will be pleased to discuss your needs with the Manager or Chef.

