

# Allergen Data

## SAN CARLO BIRMINGHAM AW24 - VERSION 5 - DATE: 27/11/2024

### STUZZICHINI

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ARANCINI - SC	Y	Gluten, Wheat	M	Y	M	M	Y	M	M	M	M		M	M
BREAD & PATE - SC	M	Gluten, Rye, Spelt, Wheat		M			Y		M	M		M	M	Y
BRUSCHETTA ROMANA - SC		Wheat		M					M				M	
FOCACCIA - SC		Barley, Gluten, Wheat, Yeast				M	M		M			M	M	
FOCACCIA AL TARTUFO - SC		Barley, Gluten, Wheat, Yeast		Y		M	Y		M			M	M	
GARLIC BREAD - SC		Barley, Gluten, Wheat, Yeast				M	M		M			M	M	
GB CHEESE - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
GB CHEESE & TOM - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
GB TOMATO - SC		Barley, Gluten, Wheat, Yeast				M	M		M			M	M	
GREEN OLIVES - SC						M				M	M			
NODINI AL TARTUFO - SC	M	Gluten, Wheat, Yeast	M	M	M		Y	M	M	M	M		M	M
OYSTERS 6 - SC					Y			Y						Y

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### ANTIPASTI

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ANTIPASTO SC (1P) - SC		Gluten, Wheat, Yeast		M		M	Y		M	Pistachio	M		M	Y
BERNARDO - SC	Y	M	Y	Y	Y			Y						Y
BURRATA POMODORO NEW - SC							Y							Y
CALAMARI FRITTI - SC		Gluten, Wheat		Y	Y	M	Y	Y	Y				M	Y
CARPACCIO DI TONNO - SC		Gluten, Wheat		M	Y		M			M		Y	Y	Y
CARPACCIO MANZO - SC				Y			Y		Y					
CARROZZA - SC		Gluten, Wheat		Y		M	Y		M				Y	
CHICKEN LIVER PATE - SC	M	Gluten, Rye, Spelt, Wheat		M			Y		M	M		M	M	Y
COCKTAIL GAMBERETTI - SC	Y		Y	Y	Y			Y						Y
COSTINE MAIALE ORIENTALE - SC	Y	Gluten, Wheat							Y				Y	Y
COZZE ARRABBIATA - SC		Gluten, Wheat, Yeast		M	Y			Y	M				M	Y
COZZE MARINIERE - SC		Gluten, Wheat, Yeast		M	Y		Y	Y	M				M	Y

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FEGATINI POLLO - SC		Gluten, Wheat, Yeast		Y			Y		M				M	Y
FUNGHI PIEMONTESE - SC		Gluten, Wheat					Y							
GAMBERONI DIAVOLA - SC		Gluten, Wheat, Yeast	Y	M	Y		Y	Y	M				M	Y
GAMBERONI FRITTI - SC		Gluten, Wheat	Y	Y	Y	M		Y	M				M	
GAMBERONI LUCIANA - SC		Gluten, Wheat, Yeast	Y	M	Y		Y	Y	M				M	Y
MAIN CHOPPED CHICKEN SALAD - SC	Y			Y			Y							Y
MAIN MELANZANE - SC		Gluten, Wheat		Y		M	Y		M				M	
MAIN TRICOLORE - SC							Y							
MENAGE OIL & VINEGAR - SC														Y
MINISTRONE - SC	Y													
NOCI PERE & PROSCIUTTO - SC							Y			Walnut	M			Y
PORTOFINO (1P) - SC		Gluten, Wheat	Y	Y	Y	M	Y	Y	Y				M	Y
STR CAPESANTE AL FORNO - SC		Gluten, Wheat, Yeast	Y	Y	Y		Y	Y	M				M	

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STR CHOPPED CHICKEN SALAD - SC	Y			Y			Y							Y
STR MELANZANE - SC		Gluten, Wheat		Y		M	Y		M				M	
STR TRICOLORE - SC							Y							
TARTARE DI MANZO - SC		Gluten, Wheat, Yeast		Y			M		Y				M	
TUNA TARTARE - SC		Gluten, Wheat, Yeast		M	Y		M		Y				M	Y
VELLUTATA DI LENTICCHIE - SC	Y	Gluten, Wheat, Yeast		M					Y				M	

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### PASTA E RISOTTO

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CASERECCE LAMB MEATBALLS - SC	M	Gluten, Wheat, Yeast	M	Y	M		Y	M	M	M			Y	
MAFALDINE BEEF CHEEK - SC	Y	Gluten, Wheat	M	Y	M		Y	M	M	M			M	Y
MAIN LASAGNE - SC	Y	Gluten, Wheat		Y		M	Y		M				M	Y
MAIN PAPPARDELLE DUCK - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M			M	Y
MAIN PENNE ARRABBIATA - SC		Gluten, Wheat							M				M	
MAIN RAV LOBSTER - SC	Y	Gluten, Wheat	Y	Y	Y	M	Y	Y	M	M			Y	Y
MAIN RAV TARTUFO - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M	M		M	M
MAIN RAVIOLI PORCINI - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M			M	M
MAIN RIG NORMA - SC		Gluten, Wheat					Y		M				M	
MAIN SPAG CARBONARA - SC		Gluten, Wheat		Y			Y						M	
MAIN SPAG PUTTANESCA - SC		Gluten, Wheat		M		M	M			M	M		M	

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PASTA E RISOTTO	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MAIN TAG BOL - SC	Y	Gluten, Wheat		Y					M				M	Y
PENNE POLLO GAMBE - SC	Y	Gluten, Wheat	Y		Y	M	Y	Y	M				M	Y
PENNE SALMONE - SC	Y	Gluten, Wheat	Y		Y	M	Y		M				M	Y
RISOTTO FRUTTI 1P - SC	Y	Gluten, Wheat	Y		Y	M	Y	Y	M				M	Y
RISOTTO SAN CARLO - SC	Y	M					Y		M				M	Y
SPAG FRUTTI DI MARE - SC	Y	Gluten, Wheat	Y		Y	M	Y	Y	M				M	Y
SPAG GAMB PICCAN - SC	Y	Gluten, Wheat	Y	M	Y	M	Y	Y	M				M	Y
STR LASAGNE - SC	Y	Gluten, Wheat		Y		M	Y		M				M	Y
STR PAPPARDELLE DUCK - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M			M	Y
STR PENNE ARRABB - SC		Gluten, Wheat							M				M	
STR RAV LOBSTER - SC	Y	Gluten, Wheat	Y	Y	Y	M	Y	Y	M	M			Y	Y

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PASTA E RISOTTO	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
STR RAV TARTUFO - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M	M		M	M
STR RAVIOLI PORCINI - SC	M	Gluten, Wheat	M	Y	M		Y	M	M	M			M	M
STR RIG NORMA - SC		Gluten, Wheat					Y		M				M	
STR SPAG CARBONARA - SC		Gluten, Wheat		Y			Y						M	
STR SPAG PUTTANESCA - SC		Gluten, Wheat		M		M	M			M	M		M	
STR TAG BOL - SC	Y	Gluten, Wheat		Y					M				M	Y
TAG MONTECARLO - SC	Y	Gluten, Wheat	Y	Y	Y	M	Y		M				M	Y
TAGLIOLINI LOBSTER - SC	Y	Gluten, Wheat	Y	Y	M	M	Y		M				M	Y
TORTELLINI PANNA E PROSC - SC		Gluten, Wheat		Y			Y		M				M	
ZITONI TOSCANINI - SC		Gluten, Wheat					Y		M	M	M	M	M	Y

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## CARNE

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
AGNELLO TOSCANA - SC														Y
BAROLO SAUCE - SC														Y
BEARNAISE SAUCE - SC				Y			Y							Y
CHATEAUBRIAND - SC				Y			Y							Y
FILETTO & ARAGOSTA - SC		Gluten, Wheat	Y	Y	Y	M	Y		M				M	
FILETTO DOLCELATTE - SC							Y							
FILETTO PEPE VERDE - SC							Y		Y					Y
FILETTO TARTUFO - SC	M	M	M	M	M		Y	M	M	M	M		M	Y
FILLET STEAK - SC														
GARLIC BUTTER SAUCE - SC							Y							
GRIGLIATA DI CARNE - SC														Y
PEPPERCORN SAUCE - SC							Y		Y					Y
POLLO DIAVOLA - SC		M					Y		M	M	M	M	M	Y
POLLO MARINATO - SC				M			Y							Y
POLLO MILANESE - SC		Gluten, Wheat		Y		M	M		M				M	



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CARNE	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
POLLO PRINCIPESSA - SC	M	M					Y		M				M	M
RIBEYE STEAK - SC														
SALTIMBOCCA ROMA - SC		Gluten, Wheat				M	Y		M				M	Y
SCALOPPA MILANESE - SC		Gluten, Wheat		Y		M	M		M				M	
SCALOPPA SASSI - SC		Gluten, Wheat				M	Y		Y				M	Y
SIRLOIN STEAK - SC														
TAGLIATA DI FILETTO - SC		Barley, Gluten		Y	Y		Y							Y
TOMAHAWK - SC		Barley, Gluten			Y									Y
TOURNEDO ROSSINI - SC		Wheat		M			Y		M	M			M	Y
TRUFFLE SAUCE - SC	M	M	M	M	M		Y	M	M	M	M		M	Y

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## PESCE

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ARAGOSTA GARLIC - SC			Y				Y							
ARAGOSTA PLAIN - SC			Y											
ARAGOSTA THERMIDOR - SC		Gluten, Wheat	Y	Y			Y		Y					
BRANZINO AL SALE - SC					Y									Y
BRANZINO GRIGLIATO - SC					Y									
CODA ROSPO AURORA - SC		Gluten, Wheat	Y		Y	M	Y		M				M	Y
DOVER SOLE GREMOLATA - SC					Y									
GAMBERO GIGANTE CAPESANTE - SC		Gluten, Wheat	Y	Y	Y		Y	Y	Y					Y
GRIGLIATA DI PESCE - SC			Y		Y			Y						Y
HALIBUT GRILLED - SC					Y									
HALIBUT LOBST - SC	Y	Gluten, Wheat	Y		Y	M	Y		M				M	Y
LEMON SOLE CLAMS & ASPARAGUS - SC		Gluten, Wheat	Y		Y	M	Y	Y	M				M	
MAIN CAPESANTE SAN CARLO - SC		Gluten, Wheat, Yeast	Y	Y	Y		Y	Y	M				M	
MIXED SHELLFISH - SC			Y		Y			Y						Y
SALMONE PROSECCO - SC		Gluten, Wheat	Y		Y	M		Y	M				M	Y
TONNO LENTICCHIE - SC					Y									

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## CONTORNI

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
FAGIOLINI - SC							Y							
FRIES - SC														
INSALATA AVOCADO SIDE - SC														Y
INSALATA MISTA - SC														
PATATE ARR BACON - SC														
PATATE ARR PLAIN - SC														
PISELLINI PANCETTA - SC							Y							
RUCOLA E PARMIGIANO - SC				Y			Y							
SPINACI - SC														
TENDERSTEM BROCCOLI - SC														
TOM & ONION SALAD - SC														
TRUFFLE FRIES - SC				Y			Y							
ZUCCHINE FRITTE - SC		Gluten, Wheat				M	Y		M				M	

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PIZZA

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CALZONE POLLO - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
CALZONE SALSICCIA - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
PZ 4 STAGIONI - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	Y
PZ BURRATA - SC		Barley, Gluten, Wheat, Yeast		Y	M	M	Y		M	Cashew, Hazelnut, Pine Nuts Kern		M	M	Y
PZ DIAVOLA - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
PZ MARGHERITA - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
PZ PATATINE - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
PZ POLLO - SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	

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PIZZA	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
PZ PROSC & FUNGHI -SC		Barley, Gluten, Wheat, Yeast				M	Y		M			M	M	
PZ SAN CARLO - SC		Barley, Gluten, Wheat, Yeast		Y		M	Y		M			M	M	
PZ TARTUFO - SC	Y	Barley, Gluten, Wheat, Yeast	M	M	M	M	Y	M	M	M	M	M	M	M

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### DOLCI

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
AFFOGATO - SC		Gluten, Wheat		M			Y		M	M			Y	
BIRTHDAY PLATE - SC	M	Gluten, Spelt, Wheat		Y			Y			M	M	M	M	Y
CHEESE BOARD - SC		Wheat		M			Y		M	M			M	Y
CHEESECAKE - SC		Gluten, Spelt, Wheat		Y			Y			M			Y	
CHIACCHIERE - ALL		Gluten, Spelt, Wheat		Y			Y			M				
COPPA DI FRAGOLE - SC	M	Gluten, Wheat		Y			Y		M	M	M	M	Y	M
COPPA SAN CARLO - SC	M	Gluten, Wheat		Y			Y		M	M	M	M	Y	Y
CREME BRULEE - SC				Y			Y							
DOLCI SAN CARLO 1PP - SC		Gluten, Spelt, Wheat		Y	Y		Y			Almond, Hazelnut, Pistachio	M	M	Y	M
FRANGIPANE PEACH - SC		Gluten, Spelt, Wheat		Y			Y			Almond	M	M	Y	M
MANTECATO 1PP - SC		Gluten, Wheat		M			Y		M	Hazelnut			Y	

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DOLCI	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MERINGA FRAGOLA - SC		M		Y			Y			M			M	
MILLEFOGLIE - SC		Gluten, Spelt, Wheat		Y			Y			M			M	
OVAL CHOCOLATE LOGO - SC							M						M	
PANNACOTTA PASSIONFRUIT - SC							Y						M	
PISTACCHIO CAKE - SC		Gluten, Wheat		Y	Y		Y			Almond, Hazelnut, Pistachio	M	M	Y	M
SC SPECIAL (1P) - SC		Gluten, Wheat		Y			Y		M	Hazelnut			Y	
SETTEVELI - SC		Gluten, Wheat		Y	Y		Y			Hazelnut	M	M	Y	M
TIRAMISU - SC		Gluten, Wheat		Y			Y			M			M	
TORTA CAPRESE - SC		M		Y			Y			Almond	M	M	Y	

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GELATI

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
1 SCOOP I/C - SC		Gluten, Wheat					M		M				Y	
I/C CARAMEL - SC		M		M			Y			M			Y	
I/C CHOC BUENO - SC		Wheat		M		M	Y		M	Hazelnut	M	M	Y	
I/C CHOCOLATE - SC		M		M			Y			M			Y	
I/C HAZELNUT - SC		M		M			Y			Hazelnut			Y	
I/C PISTACHIO - SC		M		M			Y			Almond, Hazelnut, Pistachio		M	Y	
I/C SALTED POPCORN - SC		M		M			Y			M	M	M	Y	
I/C STRAWBERRY - SC		M		M			Y			M			Y	
I/C VANILLA - SC		M		M			Y			M			Y	
SORBET B'CURRANT - SC		M		M			M			M			Y	
SORBET LEMON - SC		M		M			M			M			Y	
SORBET MANGO - SC		M		M			M			M			Y	